

Protecting Your Adult Dog from Parasites

Between the ages of 1 and 6, your dog is in the prime of their life—energetic, playful, and full of curiosity. This is also the time when consistent parasite prevention is absolutely essential. Parasites like heartworms, intestinal worms, fleas, and ticks can cause serious health problems, many of which are preventable with the right care.

Heartworm Prevention

Heartworms are spread by mosquitoes and can cause life-threatening heart and lung disease in dogs. Even dogs that spend most of their time indoors are at risk, especially in warm or humid climates.

- Monthly Prevention: A year-round heartworm preventative is your best defense. These medications not only prevent heartworm disease but may also protect against other parasites.
- Annual Testing: Even on prevention, your dog should be tested annually to ensure the medication is working and to catch any early infections

Intestinal Parasite Control

Roundworms, hookworms, whipworms, and tapeworms are common intestinal parasites that can affect dogs—and some can be transmitted to humans.

- Regular Deworming: Most heartworm preventatives also treat common intestinal worms, but your vet may recommend additional deworming based on your dog's lifestyle.
- Fecal Testing: Routine stool checks (usually once or twice a year) help detect parasites early, even before your dog shows symptoms.

Flea Prevention

Fleas aren't just a nuisance, they can cause allergies, skin infections, and transmit tapeworms and other diseases.

- Consistent Treatment: Use a flea preventative every month, even during cooler months. Fleas can survive indoors and infest your home year-round.
- Environmental Control: Treat your home and yard if necessary to break the flea life cycle.

Tick Protection

Ticks can transmit dangerous diseases such as Lyme disease, Ehrlichiosis, and Anaplasmosis.

- Preventative Products: Choose a flea/tick product recommended by your veterinarian. Many options protect against both, and some also include heartworm prevention.
- Daily Checks: After walks or playtime outdoors, especially in wooded or grassy areas, check your dog for ticks and remove them promptly.

Year-Round Defense Is Key

Parasite prevention is not seasonal—it should be consistent all year long. Regular veterinary visits and monthly preventative treatments can protect your dog from serious health issues and give you peace of mind.

Talk to your veterinarian about the best products and testing schedule for your dog's needs. With a proactive approach, you can keep your furry companion happy, healthy, and parasite-free through every stage of adulthood.